

Our Lady Star of the Sea Catholic Nursery Policy on Water and other drinks

Mission Statement

"You are precious in my eyes" - Isaiah 43

- *Our Lady Star of the Sea Catholic Nursery is committed to the widest and fullest education of all pupils in a partnership between home, nursery, parish and community.*
- *Our nursery aims to create a happy, ordered environment where all members feel secure, valued and respect each other.*
- *Our nursery aims to be a positive force within the Catholic Church inspired by the life of Christ in the Gospels*

Nursery is committed to offering and promoting all our children a healthy lifestyle.

In respect of this, the nursery has determined the following policy:

- Nursery will have fresh drinking water in a water cooling system freely available to the children throughout the day.
- Children will be assisted in obtaining a drink of water should they need help.
- Children are made aware that water is available, and that they should make an effort to have a regular intake of water regularly throughout the day.
- The nursery will not allow the installation of any machine or system which dispenses any drink which contains any artificial additives.
- Milk will be offered as an alternative drink to water. No other drinks will be allowed for snack times.
- Parents will be informed of the nursery policy at induction.
- Parents can choose to put alternative drinks in packed lunches if the wish.

Signature of Chair of Committee members: _____ **Date:** _____

Signature of Nursery Supervisor: _____ **Date:** _____