

Dear Parents/Carers,

In today's session KS, our puppet, had a scenario where he was being bullied. This gave him 'yukky feelings' (meaning he felt sad scared and worried). The children came up with strategies to help KS. One way was to tell a trusted adult. Children were asked to identify trusted adults in their lives to whom they could turn to for support if they ever have 'yukky feelings'.

Children have listed who their trusted grown-ups are and have been asked to share these with you.

We also helped the children learn about their voices and saying 'No' in uncomfortable or unsafe situations. Whilst we encourage children to be respectful it is sometimes necessary for children to break the rules and say 'No' when they are faced with situations which make them feel 'yukky' or scared.

Please take this opportunity to talk with your child about today's session.

We would welcome any comments you or your children have in relation to this session.

Kindest regards

N Gregan

Mrs N Gregan
Headteacher

For further information you can visit

Visit KidSafe at www.KidSafeuk.co.uk

KidSafe UK based in Cumbria has no association with Kidsafe Limited based in Stockport

**You are precious
in my eyes.**

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