

Dear Parents/Carers,

During today's session KS had yukky feelings due to his parents/carers arguing. KS had overheard the arguing many times and has become increasingly upset and he even thought it was his fault.

Children gave KS strategies to help him get rid of his yukky feelings i.e. talking to another trusted adult about the yukky feelings he was experiencing.

Today was the last KidSafe session for the time being. We re-capped the previous four sessions with the children and they evaluated what they had learnt and what they had enjoyed about the KidSafe programme. All the children received a certificate of participation.

The children will have a recap session of the KidSafe programme in approximately 3 months time, and will include an input about mental health and emotional wellbeing. Children may also receive further KidSafe workshops about Cyber Bullying Prevention.

Please take this opportunity to talk with your child about the Kidsafe course and what your child has learnt and enjoyed. We will send a link to a parent/carer evaluation for you to complete. It is important that we get your feedback about the programme and your child's enjoyment of it. We would very much appreciate it if you could do this to help us keep improving our safeguarding provision.

Kindest regards

N Gregan

Mrs N Gregan
Headteacher

For further information you can visit
Visit KidSafe at www.KidSafeuk.co.uk

KidSafe UK based in Cumbria has no association with Kidsafe Limited based in Stockport

**You are precious
in my eyes.**

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