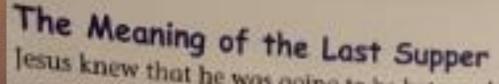
# Know what happened on the Last Supper. Reflect on how the Mass makes this real for us.

What are the most precious gifts you have ever received?

Discuss difference between material gifts and the gift of love. We will be exploring what Jesus does for us in the Mass so we can begin to understand His great love for us.

## Read and discuss:



Jesus knew that he was going to be betrayed, handed over to his enemies and that he would be put to death on a cross. He freely accepted this suffering and offered his life in love to his Father. This was the most perfect sacrifice which took away the sins committed by everyone, through all ages, right down to you and me and people yet to come.

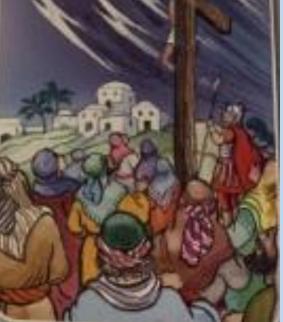
### Read and discuss with a family member:

#### The Sacrifice of the Mass

By his death on the cross, Jesus shows his great love for his Father and for us. When Jesus died on the cross, he gave everything to God the Fother. This is why we call Jesus' death a sacrifice of love. Jesus' love did not die when he died. His love was so perfect it overcame death and he rose triumphantly.

At Mass, we celebrate that Jesus is alive and always with us. His act of self-giving love is made present for us when the bread and wine is changed into his Body and Blood.

This is a mystery - we don't understand



how it happens, but we believe that it takes place through the power of the Holy Spirit and the action of the priest at Mass.

We understand that if we are to take an active part in the Mass, we must join Jesus, with all his followers, in offering ourselves in love to the Father and to all people.

#### Read and discuss with a family member:

#### Our Part in the Mass

The reason why we should go to Mass on Sundays and take an active part in it is:

- to be able to offer ourselves in love with Jesus to the Father;
- · to receive Jesus in Holy Communion;
- to get the strength to be able to love all our brothers and sisters in the world.



#### <u>Discuss:</u>

1. How is Sunday a special say for you? (For example, time to play with friends, no school) 2. Are there ways you can make Sunday different and show God that you love Him?

### Read and discuss with a family member:

## The New Covenant

Jesus said: 'This cup which is poured out for you is the new covenant in my blood.'

The new covenant is an agreement that Jesus has made with us. Jesus has handed over his life in love for us. He opened a new way for us to have a very close friendship with him. This wonderful new covenant is the promise Jesus made with us. He promises everlasting happiness and life with him in heaven. The New Covenant. Choose a phrase in bold that is important to you and discuss/ explain why.

# How can we thank Jesus?

Draw Jesus in the middle of your page. Put 5 thought bubbles around it to indicate what you can do to show your love for Jesus by helping others. (Make 5 suggestions).